

PRESS KIT

Katja Matosevic

Founder, MINDIVE

Pattern recognition and nervous system rewiring

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I help leaders rewire the survival patterns that drive their performance.

So calm doesn't require control.

Quick facts

Brand

MINDIVE

Location

Italy. Europe/Rome

Who

Leaders and rising high achievers

Work

Pattern recognition plus nervous
system rewiring

Focus

Survival patterns under pressure.
Identity level change

Formats

Podcasts. Keynotes. Workshops.
Private work

Short bio

Katja Matosevic is the founder of MINDIVE and a subconscious reprogramming specialist who works with high achievers whose results look fine, but whose bodies stay activated.

Most people try to fix the output.

Katja looks at the internal setting.

She finds the survival pattern running the decisions.

Then she rewires it.

So leaders can delegate without checking, be visible without bracing, and make decisions without urgency posing as clarity.



What I talk about




Why high performers get edgy when things start working



Control and urgency. What it looks like. What it costs.



Performing calm. What it looks like. What it costs



Identity gaps in leadership and business. The gap between who you are and what your role demands.



Decision making under pressure. The body leads. The mind explains



Delegation that triggers threat. Why leaders keep checking anyway.



Building success without nervous system debt

Sound bites

“

If calm only happens when you're in control, it's not calm. It's threat management.

”

“

Most leadership problems are nervous system problems wearing a strategy costume.

”

“

You don't rise to your goals. You drop to your default under pressure.

”

“

Success can be real and still be built on fear.

”

“

Urgency often feels like leadership. It's usually threat.

”

Interview questions hosts can use

How do you tell the difference between burnout and survival code?

Why do high performers get more anxious when things start working?

What happens in the body when a leader delegates but keeps checking anyway?

What does "performing calm" look like in real life?

What is an identity gap and how does it show up at work?

Why does control feel safe even when it is ruining the team?

What is one sign a leader is being driven by threat, not clarity?

What is the common lie high performers tell to themselves?

What is the real cost of being the one who "can't drop the ball"?

Credentials and recognition

Background

Clinical hypnotherapy training and subconscious based change work

Experience

10 plus years with high performers on nervous system and identity patterns

Award

Global Women of Choice Award
Prize for Subconscious
Reprogramming (2025)

Press and booking



For podcast or media requests

katja@mindive.life



Time zone

Europe/Rome



Assets available

Headshots. Logo. Short bio. Long bio. Topics list

Note for hosts

**Your audience does not need more tips.
They need the uncomfortable truth.**

A lot of "leadership issues" are survival patterns dressed up as personality.

And the body always tells the truth first.

If that is the conversation you want. I'm available.